

Spirituality The Heart Of Nursing

Spirituality

People in many cultures have long been aware of themselves as having a spirit as well as body and as being influenced by spiritual energies and spiritual presences. Nurses know that something exists beyond the day-to-day care of people. Nurses are with people in time of crisis, when the mind turns to thoughts of what exists beyond. When a nurse can help someone to confront issues of doubt and belief, the sense of fulfilment explains why nurses do what they do. Spirituality: The Heart of Nursing is written by Australian nurses, from their own experience, for the benefit of other nurses. The message of the book is that nurses are special people conscious that our spiritual well-being is just as important as our physical health.

Spirituality

This collection of essays on the issue of spirituality within the healthcare field is mainly for caregivers themselves, although some sections are about those receiving care. "Caring From the Heart" is targeted at a broad healthcare market--nurses, medical students and teachers, hospital personnel, hospices, nursing homes, pastoral staffs, and chaplains.

Caring from the Heart

As changes in technology, policy and management put an increasing emphasis on processes and procedures in nursing and health care, how do we continue to make room for compassion, the ancient human value that calls most nurses to the profession? In *Spiritual Care in Everyday Nursing Practice*, Janice Clarke argues that it is compassionate care of the whole person, body and soul,

which is at the heart of nursing practice that values the individual and respects their dignity. Rather than seeing spiritual care as an addition to what nurses already do, this new approach considers it a natural part of compassionate care which doesn't present the nurse with an extra ambiguous burden to deal with. Providing a brief historical introduction to the concept of spirituality, Clarke examines the ways in which our spiritual life – a source of strength and meaning – can be influenced by factors such as age, illness and suffering, and mental illness, as well as our religious beliefs. Providing a practical guide to talking about and working with spirituality, she explores how nurses might imbue all their practice including the physical aspects of care – from use of touch to helping patients to move, bathe and eat – with an attention to spiritual needs. A timely, accessible and practical introduction to a concept that is under-explored in contemporary nursing literature, this book will be of great value to students and professionals alike.

Spiritual Care in Everyday Nursing Practice

Spirituality in Nursing: Standing on Holy Ground, Seventh Edition addresses the relationship between spirituality and nursing practice across a variety of settings related to caring for the ill and infirm.

Spirituality in Nursing: Standing on Holy Ground

Florence Nightingale is widely regarded as the founder of modern nursing. What is less well known is that she also had well-developed ideas about the spiritual aspects of nursing care. Her views draw from both Eastern and Western spiritual traditions and have a startling relevance to nursing practice today. Janet Macrae, both a Nightingale scholar and a nationally recognized expert on therapeutic touch, outlines Nightingale's ideas on spirituality in this book and discusses how a variety of techniques can be used to implement a more spiritual and humane form of nursing care. The techniques, which include yoga, meditation, and relaxation exercises can be used by both nurses and patients.

SPIRITUAL NURSING CARE

"This book explores the relationship between spirituality and the practice of nursing, providing students and professionals with invaluable insights from a variety of perspectives ... Although an effort has been made to include examples of patient needs, supported by both data and literature, relative to other religious affiliations, the overall orientation of the work is derived primarily from the Judeo-Christian tradition."--Preface.

Nursing as a Spiritual Practice

Looking at spirituality broadly, this book offers practical advice to nurses on how to give spiritual care to patients. It is written in inclusive language to help nurses of all faiths address the spiritual needs of patients who may be from different belief systems and cultures. Case stories gathered from nurses from all types of practice settings around the country demonstrate the variety of ways of supporting patients spiritually. Wilt is a nurse psychotherapist and a licensed marriage and family therapist in private practice. Annotation copyrighted by Book News Inc., Portland, OR.

Spirituality in Nursing

Focusing on spirituality as an inherent component of effective nursing care, this text presents an unbiased view of the nature of human spirituality apart from religion. The text offers a unique interdisciplinary and inter-religious perspective—representing a range of Eastern and Western religious traditions—while addressing lifespan considerations and belief systems within the nursing process framework. Readable, interactive chapters apply the content clinically and highlight timely research on spirituality and health. Each chapter includes case studies, critical thinking questions, and personal reflection questions. Website references are also included.

Nursing the Spirit

Servant Leadership in Nursing: Spirituality and Practice in Contemporary Health Care embraces the philosophy that a true leader, in any venue, must be a servant of those he or she leads. This text includes current information on the relevance of servant leadership for nurses practicing in a health care setting with extensive literature review on leadership in nursing and healthcare as well as on servant leadership. This unique text also includes many powerful and poignant perceptions and experiences of servant leadership elicited in tape-recorded interviews with 75 nursing leaders currently practicing in the contemporary healthcare system.

Spiritual Care in Nursing Practice

Provides guidance for the spiritual care of all patients with varying ailments.

Servant Leadership in Nursing

A veteran nurse researcher and educator provides a spiritual perspective on the professional nurse's vocation of caring. Grounding each chapter in Scripture, O'Brien explores the Christian nurse's call to love as Jesus loved: without discrimination, reserve and, sometimes, reward.

A Nurse's Handbook of Spiritual Care

A Sacred Covenant: The Spiritual Ministry of Nursing focuses on the nurse's personal spiritual needs. Grounded in biblical passages taken from both Old and New Testament scripture, it provides a broad spiritual foundation. Each chapter begins with a scripturally oriented nursing meditation and ends with a biblically themed nurse's prayer. Anecdotes from practicing nurses are woven throughout each chapter to illustrate the spiritual themes.

The Nurse's Calling

"We do not have to choose" between science and spirituality in our work as providers of healthcare, Larrabee assures the biomedical community. A thoughtful integration of both aspects of shared humanity could make for better clinicians, more satisfied patients, and greater ease in navigating daily life. Backed by research, personal vignettes and the cumulative experience of over 40 years of nursing experience and heart failure management, Larrabee invites readers to reclaim their own sacred hearts, using wisdom and compassion as a guide to fully integrated living. Written from the perspective of advanced heart failure management, this invitation to integrated, devotional living is open and accessible to everyone, regardless of occupation or spiritual beliefs.

A Sacred Covenant

Religious Journal Gift for Female Nurse. 6x9 lined notebook

Reclaiming the Sacred Heart of Healthcare

Prayer in Nursing: The Spirituality of Compassionate Caregiving examines the role of prayer in the life of a nurse from a variety of perspectives, including: the history of prayer in nursing, the importance of prayer in contemporary caregiving, caring nurse-patient relationships, and the connection between prayer and a healing ministry. To encourage the practice of prayer, each chapter begins with a meditation and ends with a prayer reflective of a nurse's spirituality.

Nursing in My Veins Jesus in My Heart

Thoroughly updated, this award-winning book looks at spirituality and nursing from many perspectives: theoretical, historical, religious, psychological, physiological. In her thoughtful exploration of the reemergence of spirituality as an important factor in nursing practice, Barnum traces nursing's involvement with spirituality from its historical ties with religion to the current interest in New Age and alternative health methods. Nursing theories involving spirituality, such as those presented by Dossey, Newman, and

Watson are examined and nursing trends are placed in the larger context of trends in society and other disciplines, including psychology, physics, and philosophy. Information on techniques and therapies for incorporating spirituality into patient care is included in this edition.

Prayer in Nursing

This new edition of an established introductory guide to spirituality and health care practice draws extensively on case studies illustrating the application of theory to practice. It encourages the exploration, through reflective activities, of what spirituality means, both to patients and to the healthcare professionals caring for them.

Spirituality in Nursing: from Traditional to New Age

This book offers an insightful model for spiritual care nursing. The new edition of Spirituality in Nursing provides students with priceless information from a variety of perspectives while also examining spirituality and its connection to the field of nursing. The text explores the spiritual dimension of nursing from the following perspectives: Nursing assessment of patients' spiritual needs; The nurse's role in the provision of spiritual care; The spiritual nature of the nurse-patient relationship; The spiritual history of the nursing profession; Contemporary interest in spirituality within the nursing profession. This updated Third Edition has been expanded to include new chapters on: Spiritual well-being; Quality of life at end of life; and Stories from patients. - Publisher.

Into the Heart of Healing

"What would you do if this were your family?" Like every other nurse, you have heard this question dozens of times. What did you say? For many, the natural inclination is to "fix" the problem by offering suggestions, but that approach is limited by our own experience and personal biases. Let's be honest, nursing has changed. Not only is PPE in short supply, we are missing something even more basic: spiritual connection, to each other and to our work. There is a more effective way to provide spiritual care. It

begins with a question, an invitation to connect. In *Heart to Heart*, Dr. Biedenharn explores a 400-year-old, proven, and effective model of listening, which she field-tested with critical care nurses. Through her work, she found that deep listening can lead to deep connection in healthcare. This spiritual connection doesn't just improve patient outcomes, it also helps nurses reconnect with their call to service. And it all begins with a question.

The Human Spirit in Health and Illness

This book provides a condensed but comprehensive up-to-date overview of spirituality and its application to health care. The need for healthcare workers to provide spiritual care or meet patients' spiritual needs is gaining increasing importance in nursing and midwifery policy at local, national and international level. Internationally, there is a growing belief in spirituality as a valid dimension of care. The book highlights a range of examples and case studies facilitating the practical application of the recommendations discussed. In addition to presenting new psychological perspectives, various activities throughout will encourage readers to form their own opinion on the issues covered. The suggestions for further reading and useful websites will also help readers interested in exploring specific areas in more depth. Combining contributions by authors from various disciplines, the book offers a valuable tool for qualified professional healthcare workers in practice, including nurses, social workers, doctors and chaplains. With its handy format, this practical pocket guide offers a faithful companion for practitioners.

The Meaning of Spirituality and Spiritual Care Within Nursing and Health Care Practice

This textbook looks at how different world faiths approach ethics in health and social care, and how their faith informs their practice. Equipping practitioners with the information they need, it will support them to be more reflective regarding spirituality, ethics and their provision of care.

Making Sense of Spirituality in Nursing and Health Care Practice

This book is the first of its kind, addressing key issues in the teaching and learning of spirituality and spiritual care in the context of nursing and midwifery practice. The content is based on the outcomes of a European-wide project (EPICC) that brought together leading nursing and midwifery educators and practitioners from 21 countries. It highlights the importance of ensuring student nurses' and midwives receive sufficient educational preparation to provide spiritual/person-centred care. In turn, the book puts forward an innovative and creative approach to the teaching of spiritual/person-centred care, based on an evaluation of best practice across Europe. The content and activities presented will enable nursing and midwifery educators to acquire new knowledge/skills for learning about and teaching on the personal, religious and spiritual aspects of person-centred care. Both interactive and engaging, it will equip nursing and midwifery students to holistically address the needs of the people they care for. The book has the potential to transform the nursing and midwifery workforce of the future by ensuring they are prepared to face the global challenges that are impacting international nursing and midwifery practice.

Spirituality in Nursing

Designed to be a student-friendly textbook for faith-based schools, this first edition text focuses on nursing as ministry, not just spiritual care.

Heart to Heart

Print+CourseSmart

Spirituality in Healthcare: Perspectives for Innovative Practice

Spirituality in Nursing: Standing On Holy Ground, Sixth Edition explores the relationship between spirituality and the practice of

nursing.

Faith and Ethics in Health and Social Care

Delivers a wealth of practical information for fulfilling the spiritual needs of all patients and their families Written as a practical resource to teach nurses and nursing students, this text explores how to best address spiritual assessment and care. Spirituality, the search for meaning in life and connection to others, remains relevant to all patient interactions, and an essential component for nurses to integrate into their everyday practice. Using a multicultural and client-centered approach, chapters explore the concept of spirituality, and its relationship with religion and health to directly place spirituality in a nursing context. Reflection questions interspersed throughout encourage the reader to analyze their own experiences with spirituality within both professional and personal contexts and affirm how a nurse s own spirituality can influence her or his practice. Practical exercises illustrate the importance of spirituality in nursing and provide tools and means to incorporate spirituality into clinical practice. Chapters use a flexible approach that can be adapted to a variety of contexts in nursing education and practice throughout North America and beyond, applicable for self-study, traditional courses, and on-line programs. They contain a wealth of pedagogical features including case studies, discussion questions, a comprehensive bibliography, and an extensive Instructor s Manual that provides additional direction for discussion and testing. Thirteen videos, developed by the author and available online, provide the perspectives of nursing and health care professionals, clients, and families to illustrate the main points of the text. Key Features: Delivers a wealth of practical tools for incorporating spirituality into nursing Useful for self-study, on-campus courses, and online programs Contains a variety of pedagogical features including consistent format, discussion questions, reflective exercises, case studies, Instructors Manual Applicable to nursing education and practice in North American and beyond Promotes holistic nursing practice\

Enhancing Nurses' and Midwives' Competence in Providing Spiritual Care

I just read a book about a girl with a disfigured face who lived to adulthood and died, always searching desperately for grace and acceptance, yet never finding it in Christ. MaryBeth Seal is the opposite. She glimpses Gods grace reflected in even the most unexpected people and situations. She wants to be a grace-giver, not in a showy, ostentatious way, but in the commonplace encounters of ordinary life. Allow God to infuse your life with fresh grace as you read. Dr. Steve Fortosis It has been my privilege to

work with MaryBeth on several different overseas mission trips. A capable nurse, her biggest asset is her huge heart. She speaks the international language of the heart; love. Dr. David Brown MaryBeth is a nurse I worked with at a mission hospital in Indonesia. She has a heart for serving the poor. It is a joy to know her and work with her. Dr. Steve Anderson

Nursing as Ministry

Praise for the Previous Edition: "...represents an act of passion for the profession....The work's value comes from its integration of scientific, creative, and spiritual philosophies as a core context for the complex nurse-patient interaction involved in the promotion of a healing environment....Recommended." —Choice At the center of professional nursing lies the "authentic presence" of the nurse -- the intention and commitment that brings us to the profession, and unfolds as we develop as nurses. In this new edition, JoEllen Koerner explores the intersection of scientific, creative, and spiritual ways of knowing that inform and inspire this "healing presence" in caregiver and patient. Revised, updated, and refocused, the book integrates traditional nursing practice with cutting-edge alternative and integrative medicine. The author expands our awareness of Allopathic and alternative ways of healing as rooted in Native Healing practices. The book also explores new models for transpersonal caring through the lens of philosophy, spirituality, and complexity science. It is a profoundly important resource for nurse educators, students, and practitioners. Key features: Presents the Nursing Triad model: nurse as scientist, artist, and healing presence Examines the bioenergetic body-the "five bodies" that comprise our being and infuse our becoming Discusses the physiology and philosophy behind healing presence Analyzes the healing process between nurse and patient, from embracing suffering to transcending polarities and enhancing capacity

Spirituality in Nursing

Spirituality and Coping with Loss: End of Life Healthcare Practice describes a research study that reflects nurses' experience of the nature of loss encountered in end of life care settings as well as the ways in which spirituality is a resource in coping in these situations. Key findings indicate how nurses' spiritual development impacts their proficiency in spiritual care. These findings will be of interest to nurses and nurse educators as well as other healthcare professionals.

Spirituality in Nursing

In this illuminating and thoughtful text, Neil Pembroke shows how relationships form the heart of chaplaincy, nursing and social care practice. Developing ideas from Martin Buber and virtue theory he shows how authentic, compassionate self-communication forms the basis of relatedness in human services work. Drawing on examples from everyday life and human services work settings, Pembroke demonstrates the importance of trust and feelings of belonging in the working environment. He considers in particular the connection between spirituality and the idea of personal charm, showing how charm can be seen as a vital component in the communication of self, which enables us to nurture the physical and spiritual well-being of those we care for.

Spirituality in Nursing Practice

This book recognises the challenges associated with the concept of spirituality. An awareness of this concept is integral to the provision of person-centred holistic care. However, APNs ability to provide spiritual care is often impeded by time pressures and the prioritisation of clinical tasks. Confusion about the meaning of spirituality and its relationship to religion compound the challenges involved in providing spiritual care leaving APNs feeling ill-equipped to address this area of care. Indeed many APNs view spirituality as synonymous with religion. This book provides clarity with the assumption that spirituality is innate to all of our patients and is related to what gives them hope, meaning and purpose. Fundamentally it is about being human. APNs ability to practice with kindness, compassion and empathy will naturally resonate with spiritually competent practice. It begins with an outline of the definitions of spirituality in addition to the concept of spiritually competent practice. An emphasis on the importance of personal development follows. Case studies from countries across the globe illustrate the benefit of integrating spirituality and provide evidence of the importance and relevance of integrating spirituality into practice. These include discussion and presentations of the related concepts of availability and vulnerability which will give APNs more confidence and competence to integrate spirituality into practice. This book is relevant for APNs, students, educators and researchers.

Grace Infusions

This book provides a condensed but comprehensive up-to-date overview of spirituality and its application to health care. The need

for healthcare workers to provide spiritual care or meet patients' spiritual needs is gaining increasing importance in nursing and midwifery policy at local, national and international level. Internationally, there is a growing belief in spirituality as a valid dimension of care. The book highlights a range of examples and case studies facilitating the practical application of the recommendations discussed. In addition to presenting new psychological perspectives, various activities throughout will encourage readers to form their own opinion on the issues covered. The suggestions for further reading and useful websites will also help readers interested in exploring specific areas in more depth. Combining contributions by authors from various disciplines, the book offers a valuable tool for qualified professional healthcare workers in practice, including nurses, social workers, doctors and chaplains. With its handy format, this practical pocket guide offers a faithful companion for practitioners.

Healing Presence

\\"Tabbner's Nursing Care: Theory and Practice is the only Australian and New Zealand textbook written specifically for the enrolled nurse student. The new 5th edition of this best-selling text has been fully revised and updated throughout to reflect the content of the new National Curriculum. Unit 1 The evolution of nursing Unit 2 The health care environment Unit 3 Cultural diversity and nursing practice Unit 4 Promoting psychosocial health in nursing practice Unit 5 Nursing individuals throughout the lifespan Unit 6 The nursing process Unit 7 Assessing health Unit 8 Important component of nursing care Unit 9 Health promotion and nursing care of the individual Appendices.\\"--Provided by publisher.

Spirituality and Coping with Loss

Spiritual Care

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