

The Psychology Of Green Organizations

Industrial and organizational psychology

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Industrial and organizational psychology (I-O psychology) "focuses the lens of psychological science on a key aspect of human life, namely, their work lives. In general, the goals of I-O psychology are to better understand and optimize the effectiveness, health, and well-being of both individuals and organizations." It is an applied discipline within psychology and is an international profession. I-O psychology is also known as occupational psychology in the United Kingdom, organisational psychology in Australia, South Africa and New Zealand, and work and organizational (WO) psychology throughout Europe and Brazil. Industrial, work, and organizational (IWO) psychology is the broader, more global term for the science and profession.

I-O psychologists are trained in the scientist-practitioner...

Psychology

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Psychology is the scientific study of mind and behavior. Its subject matter includes the behavior of humans and nonhumans, both conscious and unconscious phenomena, and mental processes such as thoughts, feelings, and motives. Psychology is an academic discipline of immense scope, crossing the boundaries between the natural and social sciences. Biological psychologists seek an understanding of the emergent properties of brains, linking the discipline to neuroscience. As social scientists, psychologists aim to understand the behavior of individuals and groups.

A professional practitioner or researcher involved in the discipline is called a psychologist. Some psychologists can also be classified as behavioral or cognitive scientists. Some psychologists attempt to understand the role of mental...

Applied psychology

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Applied psychology is the use of psychological methods and findings of scientific psychology to solve practical problems of human and animal behavior and experience. Educational and organizational psychology, business management, law, health, product design, ergonomics, behavioural psychology, psychology of motivation, psychoanalysis, neuropsychology, psychiatry and mental health are just a few of the areas that have been influenced by the application of psychological principles and scientific findings. Some of the areas of applied psychology include counseling psychology, industrial and organizational psychology, engineering psychology, occupational health psychology, legal psychology, school psychology, sports psychology, community psychology, neuropsychology, medical psychology and clinical...

Sport psychology

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Sport psychology is defined as the study of the psychological basis, processes, and effects of sport. One definition of sport sees it as "any physical activity for the purposes of competition, recreation, education or health".

Sport psychology is recognized as an interdisciplinary science that draws on knowledge from many related fields including biomechanics, physiology, kinesiology and psychology. It involves the study of how psychological factors affect performance and how participation in sport and exercise affects psychological, social, and physical factors. Sport psychologists may teach cognitive and behavioral strategies to athletes in order to improve their experience and performance in sports.

A sport psychologist does not focus solely on athletes. This type of professional also helps...

Environmental psychology

Environmental psychology is a branch of psychology that explores the relationship between humans and the external world. It examines the way in which the natural

Environmental psychology is a branch of psychology that explores the relationship between humans and the external world. It examines the way in which the natural environment and our built environments shape us as individuals. Environmental psychology investigates how humans change the environment and how the environment influences humans' experiences and behaviors. The field defines the term environment broadly, encompassing natural environments, social settings, built environments, learning environments, and informational environments. According to an article on APA Psychnet, environmental psychology is when a person thinks to a plan, travels to a certain place, and follows through with the plan throughout their behavior.

Environmental psychology was not fully recognized as its own field until...

Journal of Transpersonal Psychology

The Journal of Transpersonal Psychology (JTP) is a semi-annual, peer-reviewed academic journal which is published by the Association for Transpersonal

The Journal of Transpersonal Psychology (JTP) is a semi-annual, peer-reviewed academic journal which is published by the Association for Transpersonal Psychology (ATP). The journal is a seminal publication in the field of transpersonal psychology. According to sources the journal is addressing the interface between psychology and spirituality, and the area of spirituality as a legitimate topic for academic studies.

Its current editor is Marcie Boucouvalas. The associate editor for research is Douglas A. MacDonald

History of psychology

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Psychology is defined as "the scientific study of behavior and mental processes". Philosophical interest in the human mind and behavior dates back to the ancient civilizations of Egypt, Persia, Greece, China, and India.

Psychology as a field of experimental study began in 1854 in Leipzig, Germany, when Gustav Fechner created the first theory of how judgments about sensory experiences are made and how to experiment on them. Fechner's theory, recognized today as Signal Detection Theory, foreshadowed the development of statistical theories of comparative judgment and thousands of experiments based on his ideas (Link, S. W. Psychological Science, 1995). In 1879, Wilhelm Wundt founded the first psychological laboratory dedicated exclusively to psychological research in Leipzig, Germany. Wundt was...

Personnel psychology

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Personnel psychology is a subfield of industrial and organizational (I-O) psychology . Personnel psychology is the area of I-O psychology that primarily deals with the recruitment, selection and evaluation of personnel, and with other job aspects such as morale, job satisfaction, and relationships between managers and workers in the workplace. It is the field of study that concentrates on the selection and evaluation of employees; this area of psychology deals with job analysis and defines and measures job performance, performance appraisal, employment testing, employment interviews, personnel selection and employee training, and human factors and ergonomics.

Mathematical psychology

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Mathematical psychology is an approach to psychological research that is based on mathematical modeling of perceptual, thought, cognitive and motor processes, and on the establishment of law-like rules that relate quantifiable stimulus characteristics with quantifiable behavior (in practice often constituted by task performance). The mathematical approach is used with the goal of deriving hypotheses that are more exact and thus yield stricter empirical validations. There are five major research areas in mathematical psychology: learning and memory, perception and psychophysics, choice and decision-making, language and thinking, and measurement and scaling.

Although psychology, as an independent subject of science, is a more recent discipline than physics, the application of mathematics to psychology...

Humanistic psychology

professional organizations in the US are the Association for Humanistic Psychology and the Society for Humanistic Psychology (Division 32 of the American

Humanistic psychology is a psychological perspective that arose in the mid-20th century in answer to two theories: Sigmund Freud's psychoanalytic theory and B. F. Skinner's behaviorism. Thus, Abraham Maslow established the need for a "third force" in psychology. The school of thought of humanistic psychology gained traction due to Maslow in the 1950s.

Some elements of humanistic psychology are

to understand people, ourselves and others holistically (as wholes greater than the sums of their parts)

to acknowledge the relevance and significance of the full life history of an individual

to acknowledge the importance of intentionality in human existence

to recognize the importance of an end goal of life for a healthy person

Humanistic psychology also acknowledges spiritual aspiration as an integral...

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