

Concept Development In Nursing Foundations Techniques And Applications 2nd Second Edition

Grounded theory

in Practice”,, Sage (1997) Anselm L. Strauss; Juliet Corbin: “Basics of Qualitative Research: Grounded Theory Procedures and Techniques”,. 2nd edition.

Grounded theory is a systematic methodology that has been largely applied to qualitative research conducted by social scientists. The methodology involves the construction of hypotheses and theories through the collecting and analysis of data. Grounded theory involves the application of inductive reasoning. The methodology contrasts with the hypothetico-deductive model used in traditional scientific research.

A study based on grounded theory is likely to begin with a question, or even just with the collection of qualitative data. As researchers review the data collected, ideas or concepts become apparent to the researchers. These ideas/concepts are said to "emerge" from the data. The researchers tag those ideas/concepts with codes that succinctly summarize the ideas/concepts. As more data are...

Meditation

single technique but rather multiple techniques that are integral to its practice. Guided meditation as an aggregate or synthesis of techniques includes

Meditation is a practice in which an individual uses a technique to train attention and awareness and detach from reflexive, "discursive thinking", achieving a mentally clear and emotionally calm and stable state, while not judging the meditation process itself.

Techniques are broadly classified into focused (or concentrative) and open monitoring methods. Focused methods involve attention to specific objects like breath or mantras, while open monitoring includes mindfulness and awareness of mental events.

Meditation is practiced in numerous religious traditions, though it is also practiced independently from any religious or spiritual influences for its health benefits. The earliest records of meditation (dhyana) are found in the Upanishads, and meditation plays a salient role in the contemplative...

Positive psychotherapy

(pocket-size edition, pp. 259–260). In recent years, some North American authors have published the clinical applications of positive psychology and named it

Positive psychotherapy (PPT after Peseschkian, since 1977) is a psychotherapeutic method developed by psychiatrist and psychotherapist Nossrat Peseschkian and his co-workers in Germany beginning in 1968. PPT is a form of humanistic psychodynamic psychotherapy and based on a positive conception of human nature. It is an integrative method that includes humanistic, systemic, psychodynamic, and cognitive-behavioral elements. As of 2024, there are centers and training available in 22 countries. It should not be confused with positive psychology.

Psychology

“The Development of Clinical Psychology, Social Work, and Psychiatric Nursing: 1900–1980s”,, in Wallace & Gach (eds.), History of Psychiatry and Medical

Psychology is the scientific study of mind and behavior. Its subject matter includes the behavior of humans and nonhumans, both conscious and unconscious phenomena, and mental processes such as thoughts, feelings, and motives. Psychology is an academic discipline of immense scope, crossing the boundaries between the natural and social sciences. Biological psychologists seek an understanding of the emergent properties of brains, linking the discipline to neuroscience. As social scientists, psychologists aim to understand the behavior of individuals and groups.

A professional practitioner or researcher involved in the discipline is called a psychologist. Some psychologists can also be classified as behavioral or cognitive scientists. Some psychologists attempt to understand the role of mental...

Engineering

and application of engineering principles in medicine, led to the development of the field of biomedical engineering that uses concepts developed in both

Engineering is the practice of using natural science, mathematics, and the engineering design process to solve problems within technology, increase efficiency and productivity, and improve systems. Modern engineering comprises many subfields which include designing and improving infrastructure, machinery, vehicles, electronics, materials, and energy systems.

The discipline of engineering encompasses a broad range of more specialized fields of engineering, each with a more specific emphasis for applications of mathematics and science. See glossary of engineering.

The word engineering is derived from the Latin ingenium.

Neuro-linguistic programming

1991). "The art, science, and techniques of reframing in psychiatric mental health nursing",. *Issues in Mental Health Nursing*. 12 (1): 9-18. doi:10.3109/01612849109058206

Neuro-linguistic programming (NLP) is a pseudoscientific approach to communication, personal development, and psychotherapy that first appeared in Richard Bandler and John Grinder's book *The Structure of Magic I* (1975). NLP asserts a connection between neurological processes, language, and acquired behavioral patterns, and that these can be changed to achieve specific goals in life. According to Bandler and Grinder, NLP can treat problems such as phobias, depression, tic disorders, psychosomatic illnesses, near-sightedness, allergy, the common cold, and learning disorders, often in a single session. They also say that NLP can model the skills of exceptional people, allowing anyone to acquire them.

NLP has been adopted by some hypnotherapists as well as by companies that run seminars marketed...

History of attachment theory

by techniques like the Strange Situation Protocol. Such techniques yield a taxonomy of categories considered to represent qualitative difference in attachment

Attachment theory, originating in the work of John Bowlby, is a psychological, evolutionary and ethological theory that provides a descriptive and explanatory framework for understanding interpersonal relationships between human beings.

In order to formulate a comprehensive theory of the nature of early attachments, Bowlby explored a range of fields including evolution by natural selection, object relations theory (psychoanalysis), control systems theory, evolutionary biology and the fields of ethology and cognitive psychology. There were some preliminary papers from 1958 onwards, but the full theory is published in the trilogy *Attachment and Loss*, 1969- 82. Although in the early days Bowlby was criticised by academic psychologists and ostracised by the psychoanalytic community, attachment...

Mindfulness

therapy and incorporates elements of Acceptance and commitment therapy, Dialectical behavior therapy, and mindfulness techniques. Mindfulness techniques such

Mindfulness is the cognitive skill, usually developed through exercises, of sustaining metacognitive awareness towards the contents of one's own mind and bodily sensations in the present moment. The term mindfulness derives from the Pali word *sati*, a significant element of Buddhist traditions, and the practice is based on *ānāpānasati*, Chan, and Tibetan meditation techniques.

Since the 1990s, secular mindfulness has gained popularity in the west. Individuals who have contributed to the popularity of secular mindfulness in the modern Western context include Jon Kabat-Zinn and Thích Nhất Hạnh.

Clinical psychology and psychiatry since the 1970s have developed a number of therapeutic applications based on mindfulness for helping people experiencing a variety of psychological conditions.

Clinical...

Forensic science

Forensic nursing is the application of Nursing sciences to abusive crimes, like child abuse, or sexual abuse. Categorization of wounds and traumas, collection

Forensic science, often confused with criminalistics, is the application of science principles and methods to support decision-making related to rules or law, generally specifically criminal and civil law.

During criminal investigation in particular, it is governed by the legal standards of admissible evidence and criminal procedure. It is a broad field utilizing numerous practices such as the analysis of DNA, fingerprints, bloodstain patterns, firearms, ballistics, toxicology, microscopy, and fire debris analysis.

Forensic scientists collect, preserve, and analyze evidence during the course of an investigation. While some forensic scientists travel to the scene of the crime to collect the evidence themselves, others occupy a laboratory role, performing analysis on objects brought to them by...

Buddhism and psychology

existential therapy distinct from other therapeutic techniques, which emphasise more on specific techniques with limited critical evaluation of their effectiveness

Buddhism includes an analysis of human psychology, emotion, cognition, behavior and motivation along with therapeutic practices. Buddhist psychology is embedded within the greater Buddhist ethical and philosophical system, and its psychological terminology is colored by ethical overtones. Buddhist psychology has two therapeutic goals: the healthy and virtuous life of a householder (samacariya, "harmonious living") and the ultimate goal of nirvana, the total cessation of dissatisfaction and suffering (dukkha).

Buddhism and the modern discipline of psychology have multiple parallels and points of overlap. This includes a descriptive phenomenology of mental states, emotions and behaviors as well as theories of perception and unconscious mental factors. Psychotherapists such as Erich Fromm have...

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