

Introduction To Psychological Assessment In The South African Context 4th Edition

Psychology

psychologists rely on symbolic interpretation. While psychological knowledge is often applied to the assessment and treatment of mental health problems, it is

Psychology is the scientific study of mind and behavior. Its subject matter includes the behavior of humans and nonhumans, both conscious and unconscious phenomena, and mental processes such as thoughts, feelings, and motives. Psychology is an academic discipline of immense scope, crossing the boundaries between the natural and social

sciences. Biological psychologists seek an understanding of the emergent properties of brains, linking the discipline to neuroscience. As social scientists, psychologists aim to understand the behavior of individuals and groups.

A professional practitioner or researcher involved in the discipline is called a psychologist. Some psychologists can also be classified as behavioral or cognitive scientists. Some psychologists attempt to understand the role of mental...

Pan-Africanism

Pan-African Congress), 1921 in London (2nd Pan-African Congress), 1923 in London (3rd Pan-African Congress), 1927 in New York City (4th Pan-African Congress)

Pan-Africanism is an idea that aims to encourage and strengthen bonds of solidarity between all indigenous peoples and diasporas of African ancestry. Based on a common goal dating back to the Atlantic slave trade, the Trans-Saharan slave trade, the Indian Ocean slave trade, the Red Sea slave trade, slavery in the Cape Colony (now South Africa), along with slavery in Mauritius, the belief extends beyond continental Africans with a substantial support base among the African diaspora in the Americas and Europe.

Pan-Africanism is said to have its origins in the struggles of the African people against enslavement and colonization and this struggle may be traced back to the first resistance on slave ships—rebellions and suicides—through the constant plantation and colonial uprisings and the "Back...

Psychotherapy

1995). *"The psychological imperialism of psychotherapy"*. 1st Annual South African Qualitative Methods Conference: *"A spanner in the works of the factory*

Psychotherapy (also psychological therapy, talk therapy, or talking therapy) is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior, increase happiness, and overcome problems. Psychotherapy aims to improve an individual's well-being and mental health, to resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social skills. Numerous types of psychotherapy have been designed either for individual adults, families, or children and adolescents. Some types of psychotherapy are considered evidence-based for treating diagnosed mental disorders; other types have been criticized as

pseudoscience.

There are hundreds of psychotherapy techniques, some being minor variations...

School psychology challenges and benefits

other professionals to create safe and supportive school environments. They carry out psychological testing, psychoeducational assessment, intervention, prevention

School psychology is a field that applies principles from educational psychology, developmental psychology, clinical psychology, community psychology, and behavior analysis to meet the learning and behavioral health needs of children and adolescents. It is an area of applied psychology practiced by a school psychologist. They often collaborate with educators, families, school leaders, community members, and other professionals to create safe and supportive school environments.

They carry out psychological testing, psychoeducational assessment, intervention, prevention, counseling, and consultation in the ethical, legal, and administrative codes of their profession.

It combines ideas from different types of psychology to help students succeed in school. These professionals focus on both learning...

Mental disorder

of evolutionary-psychological approach sometimes applied in the context of mental disorders. Psychoanalytic theories have continued to evolve alongside

A mental disorder, also referred to as a mental illness, a mental health condition, or a psychiatric disability, is a behavioral or mental pattern that causes significant distress or impairment of personal functioning. A mental disorder is also characterized by a clinically significant disturbance in an individual's cognition, emotional regulation, or behavior, often in a social context. Such disturbances may occur as single episodes, may be persistent, or may be relapsing-remitting. There are many different types of mental disorders, with signs and symptoms that vary widely between specific disorders. A mental disorder is one aspect of mental health.

The causes of mental disorders are often unclear. Theories incorporate findings from a range of fields. Disorders may be associated with particular...

Intelligence quotient

used for educational placement, assessment of intellectual ability, and evaluating job applicants. In research contexts, they have been studied as predictors

An intelligence quotient (IQ) is a total score derived from a set of standardized tests or subtests designed to assess human intelligence. Originally, IQ was a score obtained by dividing a person's estimated mental age, obtained by administering an intelligence test, by the person's chronological age. The resulting fraction (quotient) was multiplied by 100 to obtain the IQ score. For modern IQ tests, the raw score is transformed to a normal distribution with mean 100 and standard deviation 15. This results in approximately two-thirds of the population scoring between IQ 85 and IQ 115 and about 2 percent each above 130 and below 70.

Scores from intelligence tests are estimates of intelligence. Unlike quantities such as distance and mass, a concrete measure of intelligence cannot be achieved...

Developmental psychology

development is of interest to psychologists investigating the context of early psychological development. The whole prenatal development involves three main stages:

Developmental psychology is the scientific study of how and why humans grow, change, and adapt across the course of their lives. Originally concerned with infants and children, the field has expanded to include adolescence, adult development, aging, and the entire lifespan. Developmental psychologists aim to explain how thinking, feeling, and behaviors change throughout life. This field examines change across three major dimensions, which are physical development, cognitive development, and social emotional development. Within these three dimensions are a broad range of topics including motor skills, executive functions, moral understanding, language acquisition, social change, personality, emotional development, self-concept, and identity formation.

Developmental psychology explores the influence...

Women in climate change

former federal Climate Commissioner and former Lead Author in the IPCC's 4th and 5th Assessment Report and Pro Vice-Chancellor (Research Integrity & Development)

The contributions of women in climate change have received increasing attention in the early 21st century. Feedback from women and the issues faced by women have been described as "imperative" by the United Nations and "critical" by the Population Reference Bureau. A report by the World Health Organization concluded that incorporating gender-based analysis would "provide more effective climate change mitigation and adaptation."

Many studies have documented the gender gap in science and investigated why women are not included or represented, particularly at higher levels of research. Despite significant progress, female scientists continue to endure discrimination, unequal pay, and funding inequities, according to a special report published in the journal *Nature* in 2013. It also states that...

Education

"Introduction to Education as a Field of Study". In Warren, Sue (ed.). An Introduction to Education Studies: The Student Guide to Themes and Contexts.

Education is the transmission of knowledge and skills and the development of character traits. Formal education occurs within a structured institutional framework, such as public

schools, following a curriculum. Non-formal education also follows a structured approach but occurs outside the formal schooling system, while informal education involves unstructured learning through daily experiences. Formal and non-formal education are categorized into levels, including early childhood education, primary education, secondary education, and tertiary education. Other classifications focus on teaching methods, such as teacher-centered and student-centered education, and on subjects, such as science education, language education, and physical education. Additionally, the term "education" can denote...

Music therapy

enormous amount from the African worldview and from music-making in Africa – rather than from African music-healing as such." The South African Music Therapy

Music therapy, an allied health profession, "is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program." It is also a vocation, involving a deep commitment to music and the desire to use it as a medium

to help others. Although music therapy has only been established as a profession relatively recently, the connection between music and therapy is not new.

Music therapy is a broad field. Music therapists use music-based experiences to address client needs in one or more domains of human functioning: cognitive, academic, emotional/psychological; behavioral; communication; social; physiological (sensory, motor, pain, neurological and other physical...

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